

SAYAJI SWAR

CLUB NO. 30298/RID: 3060 | CHARTER DATE: 30/06/1994



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President Reflects



Rtn. Dr. Bharat Desai
President
Rotary Club of Baroda Sayajinagari

Garba of Navratri.... a traditional dance originating from the state of Gujarat, now a days have become a popular and much-anticipated event, not only in India but also around the world, where people come together to celebrate this beautiful dance form. These nights are characterized by colorful attire, energetic music, and the rhythmic claps of participants. Garba is more than just a dance; it is a cultural extravaganza that embodies the spirit of togetherness, festivity, and joy.

In these wonderful days of Navarati one day we had fellowship at 'Lakshmi Vilas Palace', one of the best place of Vadodara to listen soulful music and to dance garba on it. It is one of the most beautiful palce to dance on garba in palace with nice decoration, breezy air, with well managed parking and all basic amenities. One of the most enchanting aspects of Garba fellowship was vibrant and colourful attire worn by our Rotarians and Anns. Some of us participated in the dance and some enjoyed watching and listening. Men and women dressed in traditional Gujarati outfits, with women adorning beautiful chaniya cholis and men wearing kurtas and dhotis. The colourful costumes create a mesmerising spectacle as participants swirl and twirl in synchronisation with the music.

Efforts of our management team to arrange passes of viewer in VVIP block was noticed and highly appriciated by all members. Presence of celebrities, foreigners, well dressed viewers and prominent people of city in the block was enhancing the overall atmosphere. Fellowship did not end here; we all had delicious Gujarati cuisine & traditional snacks like dhokla, khandvi, and papdi no lot along with some street food. As the food adds to the overall festive experience and provides the much-needed energy for dancing in the night.

In conclusion, Fellowships of Garba in Navratri was full of enjoyment, celebration of culture, unity, and joy. An event with the colourful attire, vibrant music, and the spirit of togetherness made it a truly memorable experience. Hoping to celebrate Diwali festival with same enthusiasm.

Editorial

Dear RCBS'ians,

Gotilo, tame gotilo gotilo gotilo....Nathi je majhaama...
Khaali vaavataa dhajaa maa....Evo haad no pravaasi
gotilo...

This sophisticated , soulful, stimulating and stylish
song made us groove joyfully throughout Navratri..

But how I wish this whole world is this symphony and
melodious tune and not the sharp crack of an
infantryman's rifle, incessant roar of small arms, the
deadly hiss of Minnie balls, the shouts of the
combatants, the booming of cannon, the explosion of
shells...

Let's pray and hope for the nations in war that they
may lead the world on paths of peace and dialogue.

Let's hope that calming prayers for peace will invoke a
feeling of serenity.

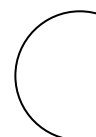
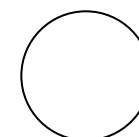
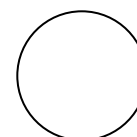
Let's hope for end of all violence and there be
liberation.

This Diwali lets light a diya to bless, protect, and
strengthen the ones who are in the conflict zones..

Wishing you all a Very Happy Diwali!!



*Rtn. Dr. Hiran Bagadia
Youth Service Chair Director and
Bulletin Editor
Rotary Club of Baroda Sayajinagari*



ROTARY INTERNATIONAL NEWS

This #WorldPolioDay, we've got four words for you..." **Flight to End Polio** "

Peter Teahen and John Ockensfels, two Rotary members, embarked on a 90-day, 25,000-mile flight around the world. The result? Together, they increased awareness and raised US\$1.5 million for #EndPolio.

Here is how creative and committed Rotary members are in their approach to combat polio around the globe:

France : A T-Rex race

Japan : - Chiba's parade of unity

Korea - Gugak concert





RCBS

SPOTLIGHT





RCBS FLAGSHIP HUMF

Nutrition kit of चना-खजूर along with a health supplement- HUMF (a special powder for lactating and pregnant women) was given to all new mothers at GMERS maternity ward .

Total beneficiaries were 68.

Project was executed by Ann Bhavana Desai and Ann Manjushree Shah.

Project sponsored by Rtn Sanyogita and Mr Rajesh Pradhan.



03 OCT, 2023



MENSTRUAL HEALTH & HYGIENE

Rotary Club of Baroda Sayajinagari held Menstrual Health and Hygiene awareness programme in association with P&G. Adolescent girls were sensitized regarding menstruation cycle and proper use and disposal of sanitary napkins. Free samples were distributed.

Awareness session was held on the 3rd of October, 2023 at Uma Vidhyalay where 390 girls were benefitted and Netaji Subhash Chandra Bose where 114 girls were benefitted.



04 OCT & 12 OCT, 2023



The Menstrual Health and Hygiene Workshop in association with P&G continued through the month. Adolescent girls were sensitised regarding Myths and Facts of Period, to maintain Hygiene and proper diet during Periods was discussed with them. Awareness session was held on the 4th of October, 2023 at Shannen Kid's School where 150 Girls were benefitted and on the 12th of October, 2023 at Maa Gayatri Hindi - Guj Prathamik Shala.

05 OCT, 2023



BOOK DISTRIBUTION

Rcbs Donated around 400 note books to the Students of Kotna Prathmik Shala, The students had lost their notebooks during the floods. Project was attended by President Rtn. Bharat Desai, Secretary Rtn. Nisha Amin, Rtn.Sanyogita Pradhan, Rtn. Mona Mankand .

Kind Donors for the cause were:

Rtn. Dr.Bharat Desai , Rtn. Kalpesh Shah
Rtn. Mona Mankada and Rtn. Meeta Shah
and RCBS well wisher.



08 OCT, 2023



CANCER DIAGNOSIS CAMP

Cancer Diagnosis Camp was organised in association with 9 Rotary Clubs of Baroda.

A total of 97 ladies benefitted from this camp.

Rtn. Bharat Desai, Ann Bhavna Desai, Rtn. Nisha Amin & Rtn. Mona Mankad volunteered the event on behalf of RCBS.



12 & 13 OCT, 2023



MEDICAL CAMPS

Medical Camps were organised for free testing of Blood sugar, Haemoglobin, TSH (Thyroid), Lipid Profile on various dates at Ganga Jamna Hospital under Guidance of PP. Rtn. Dr. Ashwin Shah. Patients needing further treatment and counselling were treated by Rtn. Dr. Karan Shah free of cost. Total number of Patients benefitted were around 40 per camp.

12 October, 2023 - Lipid Profile Testing

13 October, 2023- TSH Thyroid Testing



12 OCT, 2023



FOOD DISTRIBUTION AT MALSAR

અચાનક આવેલું પૂર, આ પૂરમાં ઘરનો તમામ સામાન ધોવાઈ ગયો કે તણાઈ ગયો. માનવીય સમાનુભૂતિ થકી ગરીબોને જમાડવા માટે આપણી ક્લબ થકી નર્મદા કિનારે માલસર ખાતે નાનકડું આયોજન કરવામાં આવ્યું.

અમે પહેલીવાર જોયું કે જરૂરિયાત ધરાવતા લોકો પાસે વાસણ ન હતાં, પ્લાસ્ટિકની કોથળીઓમાં ભોજન લેવા આવતો આ છેવાડાનો માણસ જોયો... હા, આપણો પ્રયાસ હતો કે તેમના ચહેરા પર સ્માઈલ આવે... રોટરી ક્લબ ઓફ બરોડા સયાજીનગરી થકી આયોજન થયું, સોએક પરિવારની ભૂખ સંતોષવાનો નાનકડો પ્રયાસ કર્યો....

It was attended by President Rtn. Dr. Bharat Desai, Ann Bhavna Desai, Rtn. Deval Shashtri, Rtn. Milind Gogate.



16 OCT, 2023



LADOO DISTRIBUTION

On the auspicious day of 2nd Navratri, 75 Anaganwadi children were treated to laddoos by Rtn. Hetal Shah and Annet Tithi Shah.

Rtn. Minal Shah accompanied in distribution.





RCBS

JAMBOREE



9 SEP, 2023



SPEAKER MEET



The Speaker Meet was truly enriching. We are really grateful to our Speakers Rtn. Dattesh Shah and Krishna ji on the topic of “ Conflict to Collaborate for Effective Business Growth. They broadened our views with their practical insights on how to resolve Management and Employee conflicts and how to make small manageable changes to have a larger impact on business.

RCBS is really lucky to have Mr. Dattesh , a passionate and a proud Rotarian.

20 OCT, 2023



NAVRATRI CELEBRATIONS



Navratri is the celebration of the spirit. This is a period for self-referral and transformation; getting back to the source. During this time nature sheds the old and life rejuvenates and emerges back afresh in the spirit.

Our members truly enjoyed the Navratri fellowship at Lukshmi Vilas Palace. The Glittering lights, the rhythmic and soulful music and colourful traditional clothes was witnessed by our members . It ignited the spirit of togetherness.

RCBS Treasure Trove





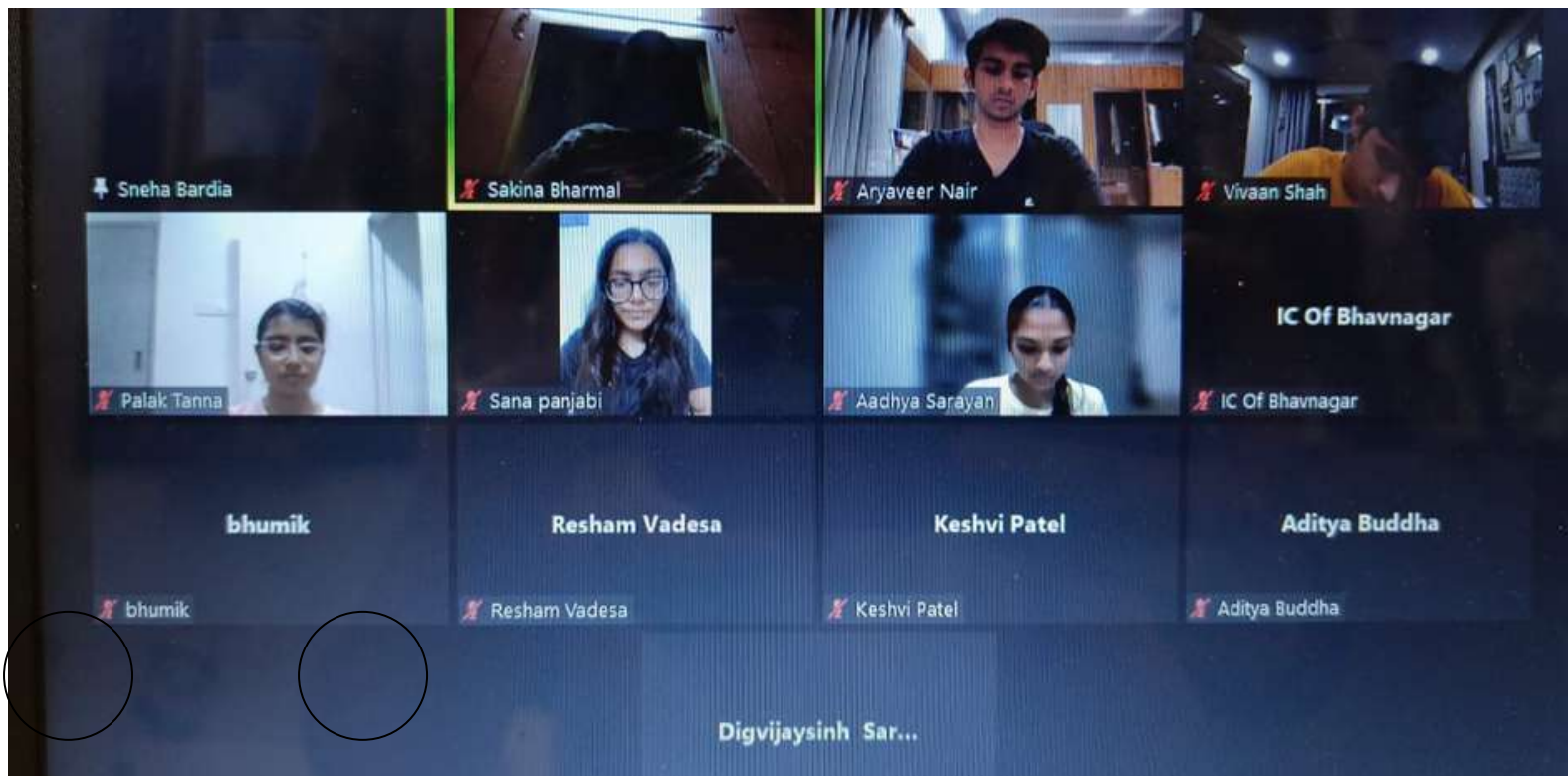


GEN-Z

TIDINGS

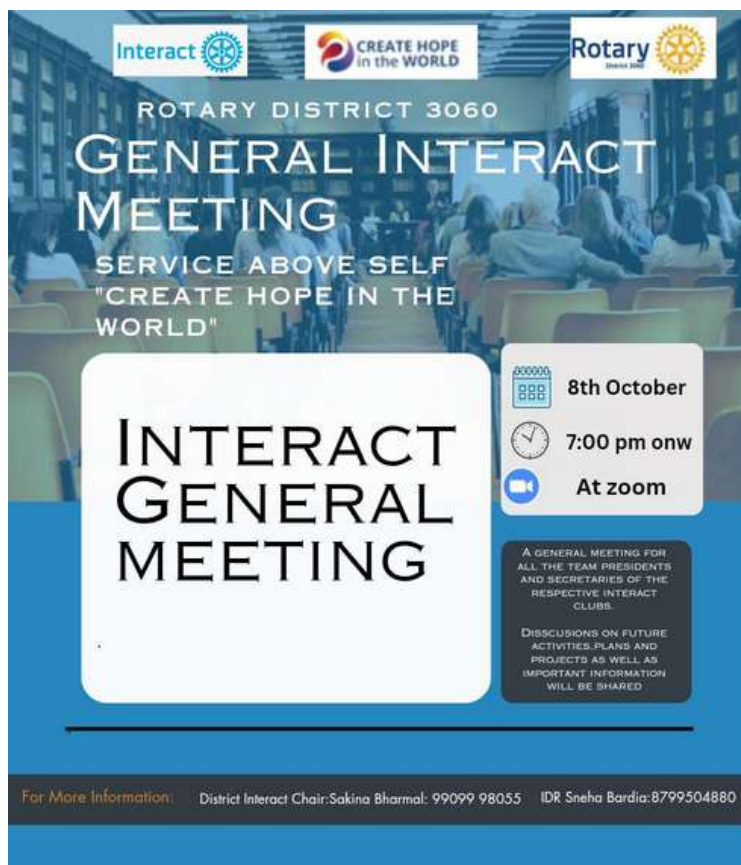


8 OCT, 2023



GENERAL INTERACT MEETING

A General Interact Meeting was held with all the other Interact clubs of Rotary District 3060. All the events and plans were discussed with the district president. Along with that the prospects of collaborative service in our areas were also discussed. The meeting ended with instructions on how to properly manage and archive your events so that they can be submitted to the main group.



10 OCT, 2023

MENTAL HEALTH WEEK



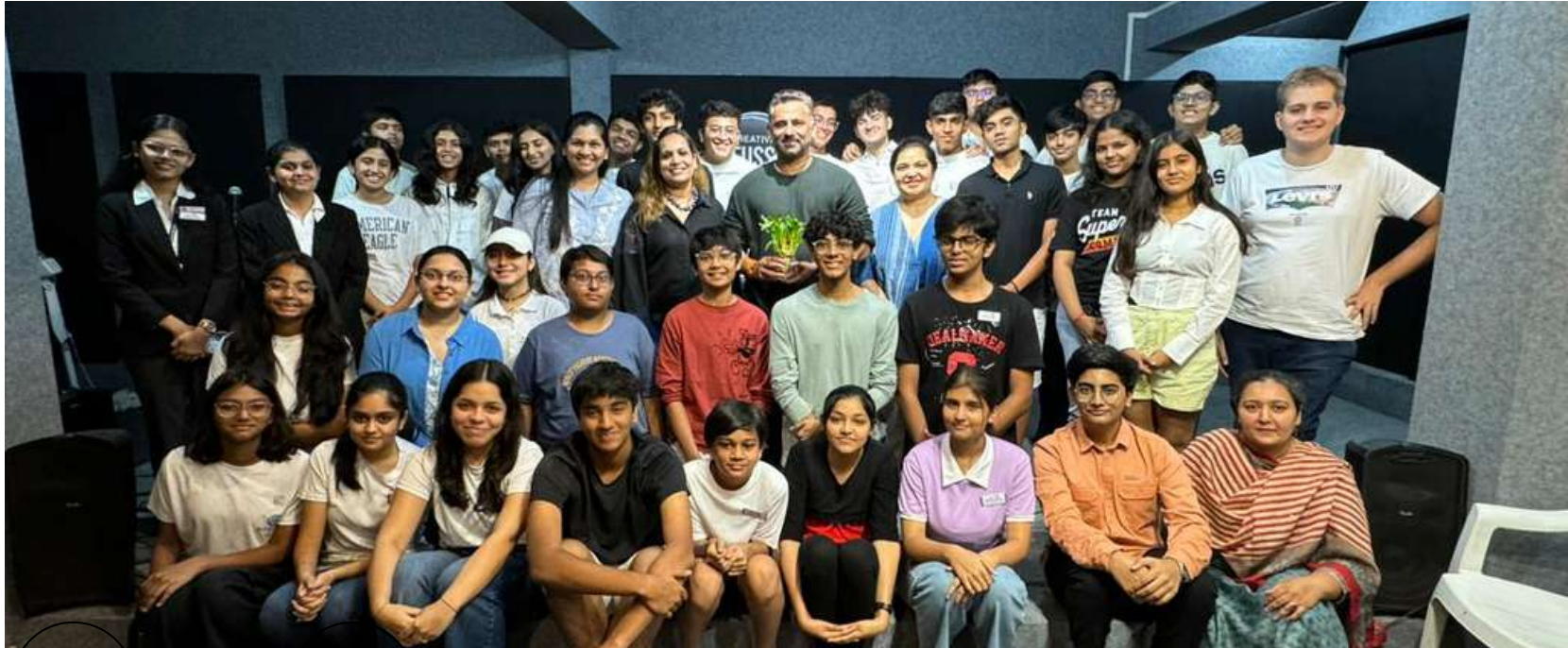
“Helping one person might not change the world, but it could change the world for one person.”

The Divyang Sakhi Saheli Charitable Trust is a foundation that works towards promoting the education and literacy of underprivileged children as well as promoting women’s development and empowerment.

On account of celebrating Mental Health Week, the members of the Interact Club Of Billabong High School, Vadodara, accompanied by the principal Dr Priti Shrimal and school counsellors, collaborated with the Divyang Sakhi Saheli Charitable Trust to spend the afternoon with the underprivileged women and children, providing refreshments, conducting recreational activities as well as promoting the importance of mental health.

They not only educated them on ways one can strive towards better mental health but also conducted activities like dance, singing and thumb-painting for their enjoyment.

15 OCT, 2023



THE ART OF PUBLIC SPEAKING



Interact Club of Baroda Sayajinagari hosted a vocational event with the well-known RJ Ashish. ICBS'ians attended the event including members of the Cygnus, Billabong and Shaishav interact clubs. RJ Ashish educated them with the different skills on public speaking and gave an insight into the varying aspects of it. They explore the art of public speaking by understanding the value of communication. He spoke on various issues like stage anxiety, stage fear, how to interact with the audience, to add the element of humor and the importance of honesty in content among others. It was a very productive session as he answered and cleared questions pertaining to specific situations or events. It was also a great networking session as all the interact clubs of RCBS introduced each other and had a chance to know each other.

19 OCT, 2023

MENTAL HEALTH WEEK



““There is no standard normal. Normal is subjective. There are seven billion versions of normal on this planet.” The psychology students and members of the interact club of Billabong high from Grades XI and XII conducted an assembly for Grades VII to XII promoting mental health.

They comprehensively spoke about the subject of psychology, mental health and its crucial role in an individual's well-being. Along with busting common psychology myths and entertaining the audience with an empowering song, the students set up an interactive session with the 'Never Have I Ever' game wherein the students spoke candidly about their beliefs regarding mental health.

OCT, 2023

ACHIEVEMENT OF OUR ICBS PRESIDENT - ARYAVEER NAIR

A Vadodara-based innovative startup that specialises in lab-grown diamonds

Founded by Aryaveer Pradeepkumar Nair, AYriaN International LLP is a startup that is paving the way for innovation in the field of lab-grown diamonds for semiconductor chips. The brand claims to have been nominated as one of the greatest brands and leaders of 2023 in the category of Emerging Tech Startup. Aryaveer Nair, the founder and CEO of the brand, hails from Vadodara and is a student of Navrachana International School. "Under the mentorship of Jyoti Nagar and Trushna Kapadia, he developed a keen interest in chemical engineering, ultimately fuelling his ambition to support the semiconductor industry in India. Extensive research and practical experiences made him realise that lab-grown diamonds are primarily manufactured in Surat for jewellery purposes. Surat already has the perfect infrastructure to scale up this technology, serving as a backbone for the semiconductor industries in India," says the brand's management team. Aryaveer shares, "With the increasing popularity of the semiconductor industry in India, we should seize this op-



Aryaveer
Nair

portunity and generate ideas that will create jobs, strengthen the economy, and reduce our dependence on semiconductor chip imports." He adds, "In 1956, when the first silicon wafer was created at Raytheon, the foundation was laid for the modern technological age. It took another 30 years to increase the wafer size from the initial one-inch to the six to eight inches required for cost-effective commercial production. At AYriaN International,

With the increasing popularity of the semiconductor industry in India, we should seize this opportunity and generate ideas that will create jobs, and reduce our dependence on semiconductor chip imports

— Aryaveer Nair

al, a proprietary plasma reactor technology was designed to enable the creation of 20mm single-crystal diamond wafers, an innovation we expect to be fundamental for tomorrow's semiconductor technology. Single-crystal diamond wafers find application in radio frequency power technology for 5G communications and satellites. They are also used in power electronics for electric vehicles." Aryaveer credits his success to his parents. "My parents are my role models. They involved my brother and me in business since childhood," he says.

He is now aiming to pursue higher education at a top university in the USA and contribute to the betterment of life and values.

Special **OCCASIONS** of *RCBSians*

BIRTHDAYS

4 NOV, 2023
RTN AMIT TALATI

6 NOV, 2023
RTN PALAK DAVE

9 NOV, 2023
RTN DHARMENDRA AMIN

12 NOV, 2023
ANN NATASHA DIXIT

14 NOV, 2023
ANN MANJOOSHREE SHAH

15 NOV, 2023
RTN YOGENDRA MISHRA

17 NOV, 2023
RTN MIHIR SHAH

18 NOV, 2023
ANN NISHA GOGATE

23 NOV, 2023
ANN PRIYANKA CHOKSHI

24 NOV, 2023
ANN MONA SANDEEP PATEL

28 NOV, 2023
ANN AARTI SHAH

29 NOV, 2023
RTN BHAVIN SHAH

30 NOV, 2023
MR ARPAN DAVE

ANNIVERSARIES

16 NOV, 2023
RTN PALAK - MR ARPAN DAVE

21 NOV, 2023
RTN YOGENDRA- ANN ARCHANA MISHRA

23 NOV, 2023
RTN DARSHAN- ANN HETAL VYAS

24 NOV, 2023
RTN HITESH - RTN KRUPA MALI

25 NOV, 2023
RTN NITIN - ANN ALKA BHARDWAJ

25 NOV, 2023
RTN ANJAL - ANN BIJAL PATEL

25 NOV, 2023
RTN DR NIKESH- ANN DR REENA SHAH

26 NOV, 2023
RTN MANISH- HETAL GANDHI

26 NOV, 2023
RTN SANDEEP - ANN MOONA PATEL

27 NOV, 2023
RTN SANYOGITA - MR RAJESH PRADHAN

27 NOV, 2023
RTN RICHI- ANN PRIYANKA CHOKSHI

28 NOV, 2023
RTN SAMEER - ANN SHILPA KADAM

28 NOV, 2023
RTN KEYUR - ANN TWINKLE SHAH

29 NOV, 2023
RTN DHARMENDRA - ANN SONAL AMIN

Upcoming Meetings

1ST AND 22ND NOV

HUMF

AT GMERS

8TH NOV

DIWALI PARTY

25TH NOV

BARODA INTERCLUB ROTARY

CRICKET TOURNAMENT



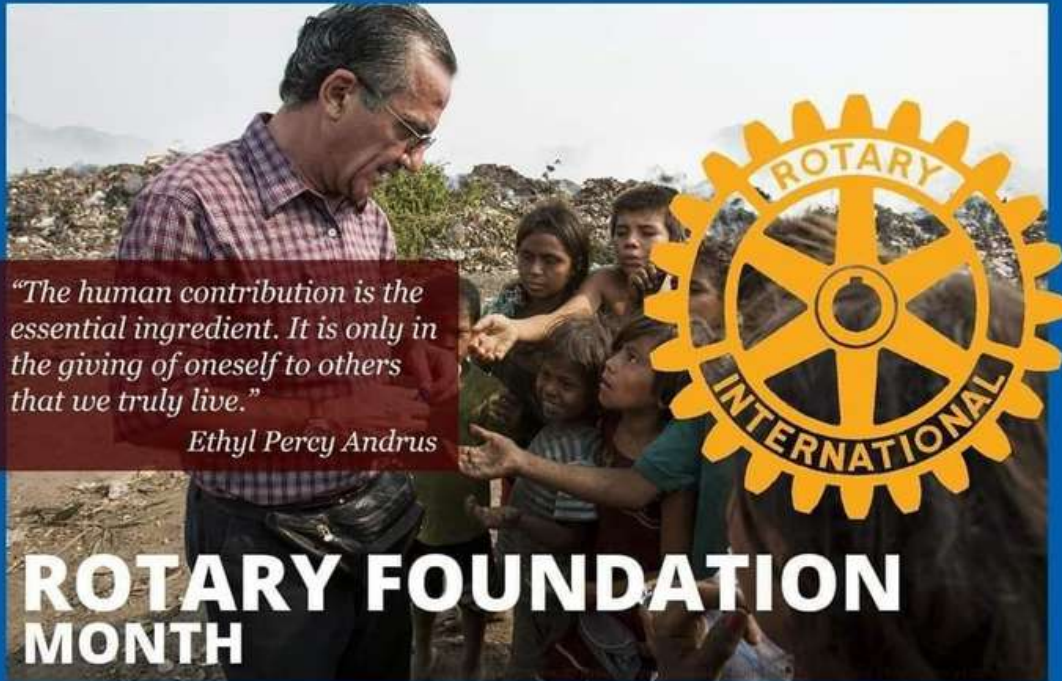
Boggle your Brain

Fill in the 5 x 5 grid with the numbers from 1 to 5 once per row and column, while following the greater than/less than symbols shown.

There is only one valid solution that can be reached through logic and clear thinking alone!

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NOVEMBER

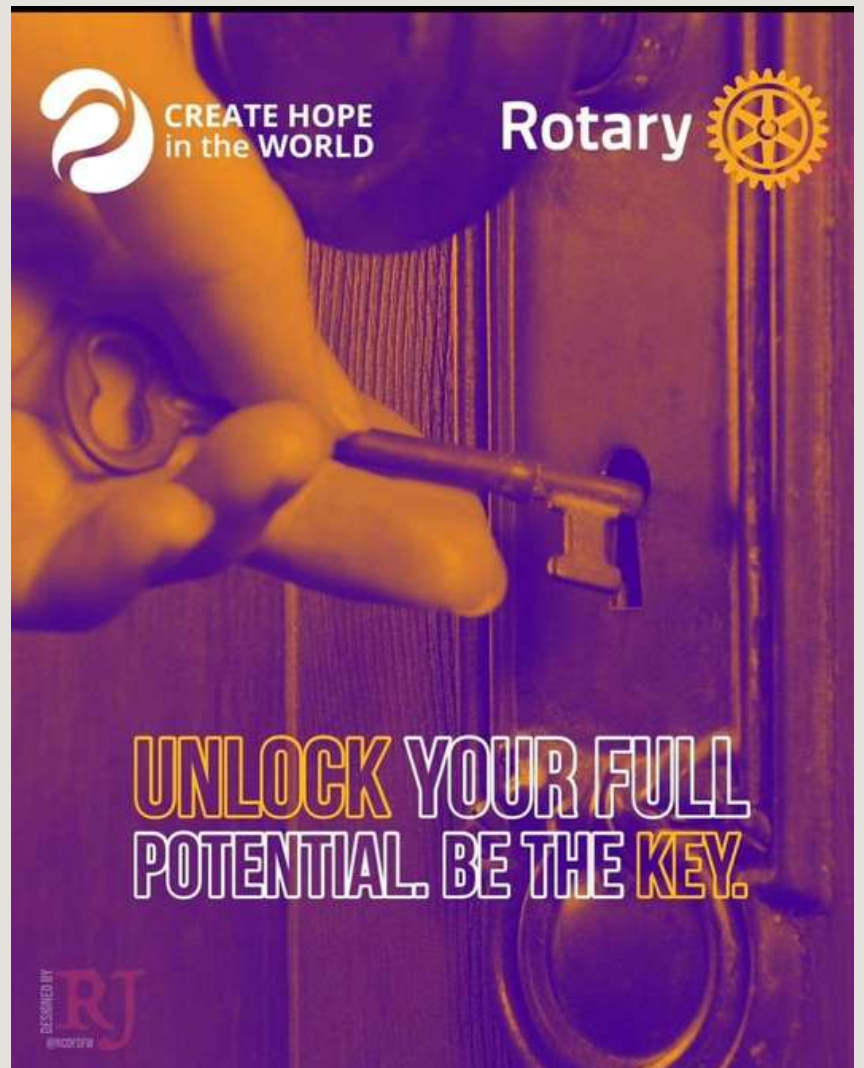


"The human contribution is the essential ingredient. It is only in the giving of oneself to others that we truly live."

Ethyl Percy Andrus

ROTARY FOUNDATION MONTH

TAKE ACTION: Get Involved, Give



CREATE HOPE
in the WORLD

Rotary

UNLOCK YOUR FULL
POTENTIAL. BE THE KEY.

DESIGNED BY
RJ

Dr. Bharat Desai

Ab's Infotel

Manubhai Towers, Opp.

M.S. University, Sarod,

Sayajiganj, Vadodara-5

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